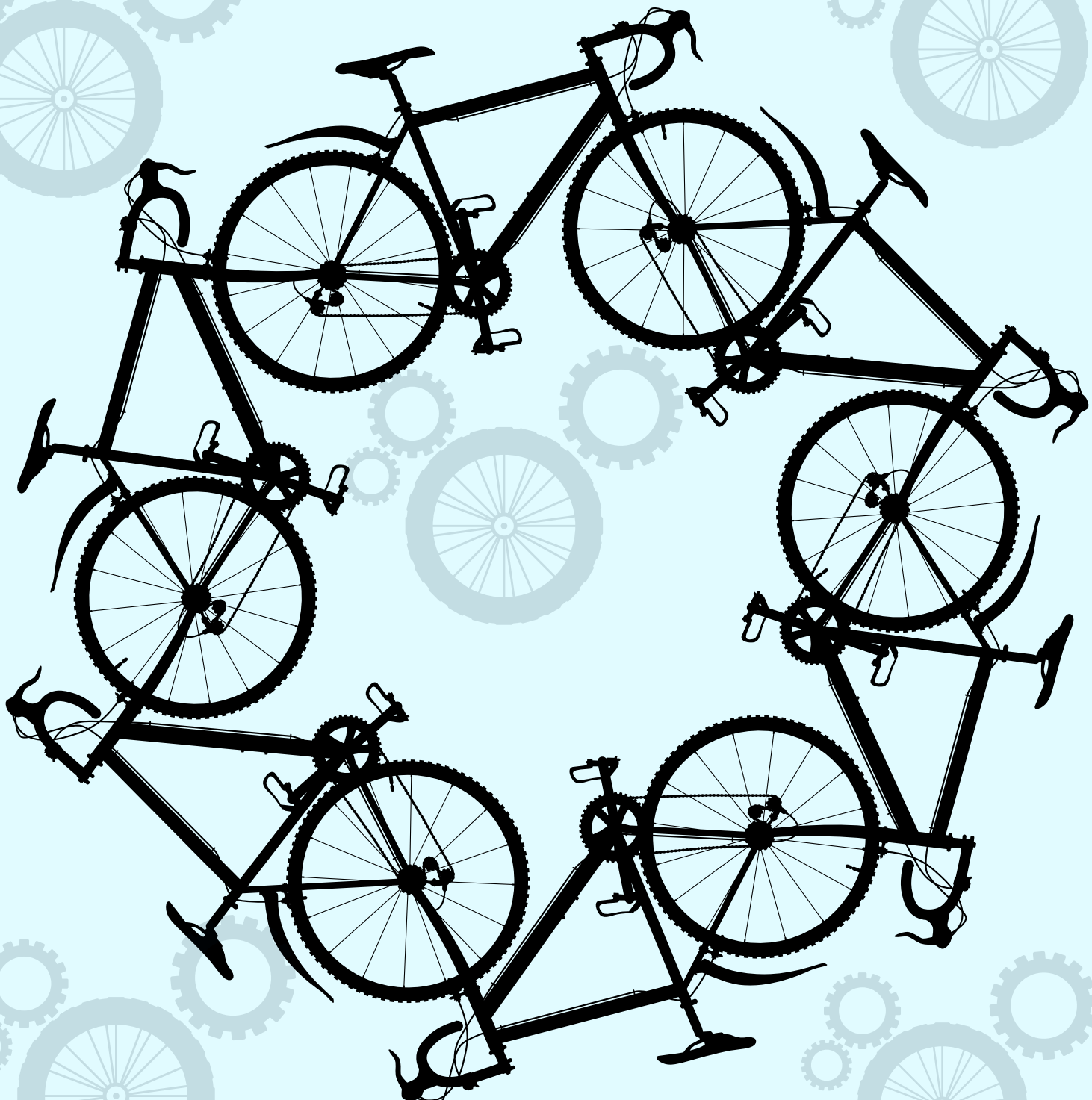


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# Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



# Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



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SINCERELY,

PEDAL PASSION EDITORIAL TEAM

# Pedal Passion!

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# Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



Greetings to all cycling enthusiasts and advocates of healthy living,

As the founder and owner of Voice Vista, it gives me immense pleasure to introduce our latest venture: Pedal Passion Magazine. At Voice Vista, our mission has always been to create platforms that amplify unique voices and showcase inspiring stories. With Pedal Passion Magazine, we aim to shine a spotlight on the vibrant world of cycling and the passionate individuals who make it a way of life.

Cycling has long been hailed as more than just a mode of transportation or a form of exercise – it's a lifestyle, a community, and a source of endless inspiration. Pedal Passion Magazine is a testament to the power of this timeless pursuit, as we delve into the stories of cyclists from all walks of life. From the urban commuter navigating bustling city streets to the intrepid adventurer embarking on epic journeys, each page of this magazine is filled with tales of resilience, determination, and unwavering passion.

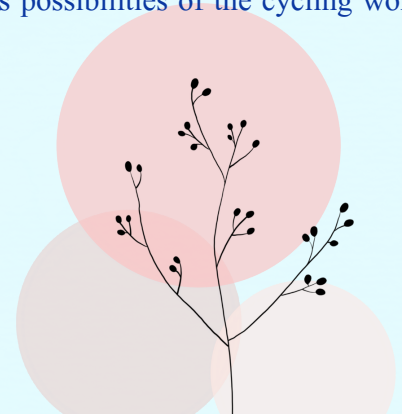
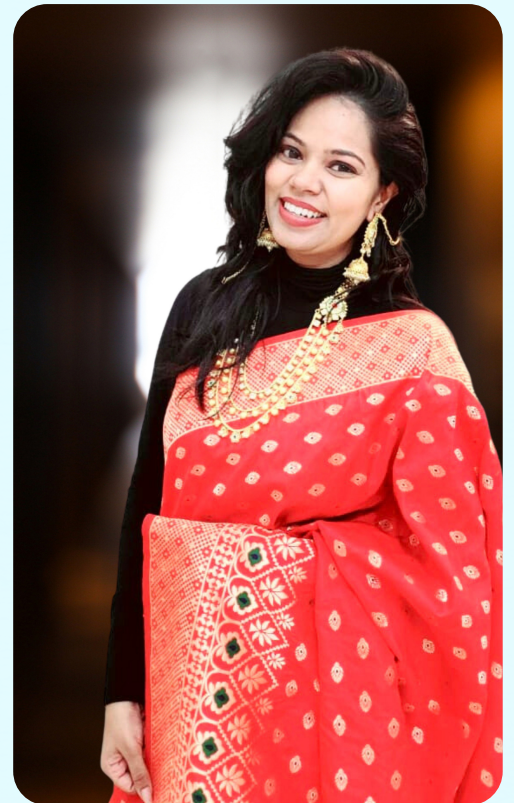
But Pedal Passion Magazine goes beyond just celebrating the sport of cycling; it's about celebrating the individuals who embody its spirit. In these pages, you'll find profiles of everyday heroes who have embraced cycling as a means of personal growth, community engagement, and environmental stewardship. Their stories serve as a reminder of the transformative power of cycling and the profound impact it can have on individuals and society as a whole.

As we launch Pedal Passion Magazine, I would like to extend my heartfelt gratitude to our dedicated team of writers, photographers, and contributors who have helped bring this vision to life. I would also like to thank our readers and supporters who share our passion for cycling and the values it represents. Whether you're a seasoned cyclist or someone who's simply curious about the world of cycling, I invite you to join us on this exciting journey. Let Pedal Passion Magazine be your guide as we explore the beauty, diversity, and endless possibilities of the cycling world together.

Happy cycling!

Pooja Prasad

Founder & Owner, Voice Vista





# Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



Esteemed Readers,

I am thrilled to announce the launch of our second magazine, Pedal Passion. As editors, it is our privilege to present to you a publication dedicated to celebrating the indomitable spirit of cyclists everywhere.

In Pedal Passion, we have crafted a space where the stories of dedicated cyclists, from all corners of the globe, converge. From the bustling streets of urban landscapes to the serene trails of countryside escapes, our magazine brings to light the diverse experiences and unwavering passion that define the cycling community.

With this publication, we aim to showcase not only the thrill of the ride, but also the profound impact that cycling has on individuals and communities alike. Through captivating narratives, stunning visuals, and insightful features, Pedal Passion invites readers to embark on a journey of exploration, inspiration, and connection.

As editors, we are deeply grateful for the opportunity to curate and share these stories with you. We extend our sincerest thanks to our dedicated team of writers, photographers, and contributors, whose talent and dedication have brought Pedal Passion to life.

To our readers, we invite you to join us on this exhilarating ride. Whether you're a seasoned cyclist or someone who's just beginning to explore the world of cycling, we hope that Pedal Passion will ignite your own passion for the sport and inspire you to embrace the joys of two-wheeled adventure.

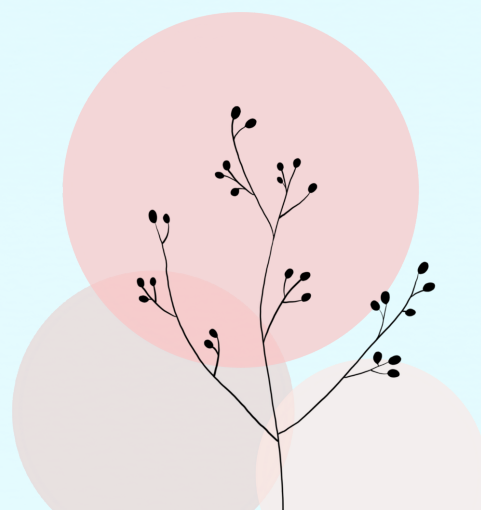
Thank you for joining us on this new journey. Here's to the open road ahead and the countless stories waiting to be told.

With gratitude and anticipation,

Dr. Anagha Naik

Editor-in-Chief (English Edition)

Pedal Passion





# Pedal Passion / Voice Vista

"CELEBRATING PASSIONATE CYCLISTS"



संपादकीय ..

'हॉबी हॉर्स, बोन शेकर' असा सुरु झालेला सायकलचा प्रवास आता 'एक राईड तंदुरुस्तीसाठी!' इथपर्यंत येऊन पोहोचला आहे. सायकलिंग हा व्यामाचा आणि फिटनेस साठीचा एक चांगला पर्याय म्हणून निवडला जात आहे. सोबतच हल्ली वाढत असलेली गाड्यांची बेसुमार गर्दी, वाढते प्रदूषण, जटील वाहतूक व्यवस्था या समस्यांना पंक्चर करण्याचं काम सायकल नक्कीच करू शकते अशी भावना आता तयार व्हायला लागली आहे. त्यामुळेच आजकाल लोकं सायकल पर्यटनाच्या प्रेमात पडल्याचं चित्र बघायला मिळत आहे.

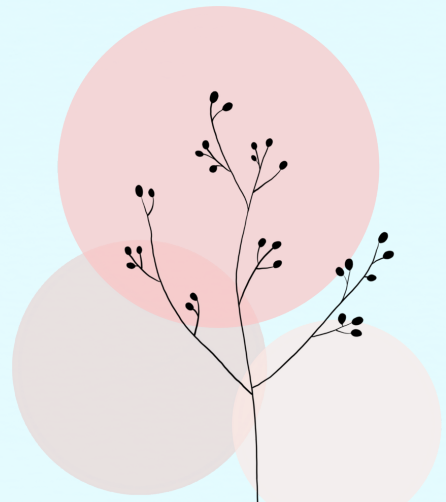
Pedal Passion या मासिकाच्या माध्यमातून सायकलिंग द्वारे निरोगी आयुष्य, पर्यावरण संवर्धन, इंधनाची बचत, वाहतूक कोंडी मिटवण्यास आणि अपघातांचे प्रमाण कमी करण्यास मदत होते असे विविध संदेश स्वतःच्या कृतीतून दाखवून देणारे काही निवडक सायकलिस्ट चा जीवन प्रवास आपल्यासमोर उलगडताना सायकल साक्षरता, सायकल संस्कृती रुजवणे आणि जोपासणे असा सायकल प्रसाराचा आमचा एक छोटासा प्रयत्न.

आशा करतो या 'cool dudes' ची Pedal Passion सायकल संस्कृती पुनर्जीवित करण्यासाठी नक्कीच फायदेशीर ठरेल.

सुनिता चौहाण.

संपादिका (मराठी अंक)

Pedal Passion





*Pedal Passion!*  
"CELEBRATING PASSIONATE CYCLISTS"



## PRATHMESH KATKAR

In the rhythmic cadence of the pedals lies a tale of resilience, camaraderie, and boundless adventure. Meet Prathmesh Katkar, a soul whose journey into the world of cycling transcends the mere act of riding. It's a journey ignited by a spark of curiosity, fueled by the warmth of camaraderie, and guided by the gentle breeze of purpose. Join us as we delve into the profound depths of Prathmesh Katkar's cycling odyssey, where each turn of the wheel unveils a new chapter of passion, personal growth, and unwavering dedication.

Q1: Can you tell us about your journey into the world of cycling? What sparked your passion for this sport?

Ans: My journey into cycling began when I witnessed the camaraderie and joy my mother experienced as a member of the NCF. Despite my focus on running, I found myself drawn to the vibrant cycling community. Joining the NCF introduced me to a diverse group of cyclists, fostering meaningful connections across age groups. Wearing our team's jersey instills a sense of pride and unity. Cycling has evolved from a hobby to a passion, offering both physical challenge and emotional fulfillment. The support and encouragement from fellow cyclists have motivated me to explore new routes and push my limits. Through cycling, I've discovered a profound sense of belonging and purpose, enriching my life in ways I never expected.

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Q2: What does cycling mean to you personally, beyond just a form of exercise or sport?

Ans: Cycling holds a significant place in my life that goes beyond mere exercise or sport. It's an adventure that brings joy and fulfillment on multiple levels. Firstly, it's a fantastic way to socialize and bond with friends. Exploring new trails or riding through familiar streets together creates cherished memories. Every ride is an opportunity to explore my surroundings and connect with fellow cyclists and nature. What I love most about cycling is its meditative aspect. When I'm on my bike, pedaling and feeling the breeze, it's like entering a state of flow where worries fade away, bringing clarity and peace. In essence, it's about friendship, exploration, and finding serenity amidst life's chaos.

Q3: What are some of the most memorable cycling experiences or moments you've had?

Ans: One of my most memorable cycling experiences was a 350-kilometer journey to Pandharpur over two demanding days. Enduring scorching sun and physical exhaustion, every pedal stroke brought us closer to our destination. Despite moments of doubt and fatigue, the camaraderie among fellow cyclists kept us going. Finally reaching Pandharpur's gates filled me with an indescribable sense of accomplishment.

Reflecting on that ride, I cherish the memories of overcoming challenges and the joy of reaching our goal together. It's an experience that continues to inspire me, reminding me of the rewards that come from pushing beyond limits and embracing the journey.

Q4: How do you stay motivated and committed to cycling, especially during challenging times or setbacks?

Answer: When I'm not feeling my best physically, I lean on my fellow cyclists from NCF for support. Their experience and encouragement help me through any challenge. They genuinely care and offer practical advice to overcome setbacks. Their support is invaluable in keeping me motivated and committed to cycling, especially when my body isn't up for it. Whether it's recovering from injuries or getting back into shape, knowing they have my back gives me the strength to keep going. We share our triumphs and help each other through tough times, creating a strong sense of unity and support within our cycling community.

Q5: Can you share any rituals or routines you follow before, during, or after your rides?





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"CELEBRATING PASSIONATE CYCLISTS"

Ans: In my cycling routine, I've established specific rituals to ensure I'm prepared, perform well, and recover effectively. Before I start, I meticulously inspect my bike, checking tire pressure, brakes, and gears for optimal performance. I also gear up with my helmet, gloves, and goggles for safety. During the ride, I prioritize staying hydrated and carry a nutritious snack to sustain energy levels. Afterwards, I focus on cooling down with stretches and exercises to prevent muscle tightness and aid recovery. These rituals help me approach each ride with confidence and ensure I bounce back quickly, maintaining both my performance and overall well-being.

Q6: What role does cycling play in your overall lifestyle and well-being?

Ans: Cycling is essential to my lifestyle and well-being. It's more than just a sport - it's a way of staying healthy and happy. Physically, it keeps me fit, strengthens my muscles, and helps me sleep better. Mentally, it's a great stress-reliever. When I'm on my bike, I feel free and relaxed. Plus, cycling lets me explore new places and connect with others who share my passion. Whether I'm riding solo or with friends, it brings me joy and a sense of accomplishment. Overall, cycling is a vital part of my life that keeps me healthy, happy, and connected.

Q7: Have you ever faced any obstacles or barriers in your cycling journey, and how did you overcome them?

Answer: I've been fortunate to encounter minimal obstacles or barriers in my cycling journey. However, I did experience some initial doubt about my abilities when I first joined the cycling community. This doubt quickly subsided as I proved my speed and stamina in multiple long rides. By consistently pushing myself and exceeding my own expectations, I gained confidence in my abilities and solidified my place within the cycling community. Though my journey may have been relatively smooth, I recognize that obstacles can arise at any time. In preparation, I remain committed to continuous improvement, staying humble, and embracing challenges as opportunities for growth.

Q8: What advice would you give to someone who is just starting out in cycling or looking to take their passion to the next level?

Answer: Begin gradually, starting with shorter rides at a comfortable pace to build endurance and confidence over time. Invest in reliable equipment, ensuring you have a quality bike, helmet, and appropriate gear to enhance safety and enjoyment. Listen to your body's cues and avoid overexertion, prioritizing rest and recovery as needed. Engage with the cycling community, whether through local clubs or online forums, to gain support, advice, and camaraderie from fellow enthusiasts. Above all, remember to have fun and embrace the adventure.





## *Pedal Passion!*

"CELEBRATING PASSIONATE CYCLISTS"



Q9: Are there any particular cycling routes or destinations that hold special significance for you? If so, why?

Ans: While I've explored numerous scenic routes, the road to Pandharpur holds an irreplaceable spot in my heart. Its vast stretches of sun-drenched roads, devoid of shade, presented a formidable challenge, one that I welcomed with open arms. Enduring such conditions became a testament to my grit and determination. What made this journey truly special was the belief that Lord Vithoba was watching over me. With this assurance, I found the strength to push through every pedal stroke, every scorching mile. It wasn't just a physical feat; it was a spiritual journey- a profound connection between my cycling passion and my faith.

Q10: How do you balance your cycling pursuits with other aspects of your life, such as work, family, and social commitments?

Ans: I typically schedule my cycle rides early in the morning, which minimizes conflicts with other aspects of my life. For longer rides, I plan ahead to have the rest of the day free, ensuring that I can focus on recovery without feeling rushed or pressured to attend to other commitments. On days when the rides are shorter or less demanding, I seamlessly transition back into my daily routine once the cycling jersey comes off. This flexibility allows me to strike a balance between my cycling pursuits and other aspects of my life, ensuring that both are given the attention they deserve.

Q11: What impact do you believe cycling has on the environment, and how do you incorporate sustainability into your cycling practices?

Ans: Cycling has a positive impact on the environment by reducing carbon emissions and traffic congestion while promoting cleaner air. I make sustainability a priority in my cycling practices by choosing cycling over driving whenever possible. Additionally, I minimize waste by using reusable water bottles and properly disposing of any waste generated during rides. I also support initiatives for better cycling infrastructure and policies that encourage cycling as a sustainable transportation option. By incorporating these practices into my cycling routine, I aim to contribute to a healthier planet and a greener future for all.





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Q12: Can you share any favorite cycling gear or equipment that you swear by, and why it's essential to your riding experience?

Ans: One piece of cycling gear that I swear by is my padded cycling shorts. The padding provides crucial comfort and support, especially during long rides, reducing chafing and soreness. It allows me to focus on the ride without being distracted by discomfort. Additionally, a high-quality cycling helmet is essential for safety on the road. It provides protection in case of falls or accidents, giving me peace of mind during rides. These gear essentials not only enhance my riding experience but also contribute to my safety and enjoyment on the bike.

Q13: How do you engage with the cycling community, and what benefits do you find in connecting with fellow cyclists?

Ans: I connect with the cycling community through local clubs and group rides. These interactions provide a sense of belonging and camaraderie, as well as valuable tips and advice. Connecting with fellow cyclists also offers encouragement and support during challenging times. Whether it's overcoming injuries or staying motivated, the cycling community is there to help. Overall, engaging with fellow cyclists enriches my cycling journey by fostering friendships, providing knowledge, and inspiring me to keep pedaling.

Q14: Have you participated in any cycling events or competitions? If so, what were they, and what were your experiences like?

Ans: I've taken part in numerous cycling events, primarily with NCF, which focuses on social causes and charity rather than competitive races. These rides are incredibly fulfilling, with a positive atmosphere and a clear purpose driving us forward. Participating in these events allows me to contribute to meaningful causes while enjoying the camaraderie of fellow cyclists. Additionally, I've joined long-distance rides that span entire days. While more demanding, these rides offer a profound sense of fulfillment. Overall, participating in cycling events, whether for charity or long-distance rides, has been incredibly rewarding. Each event brings its own set of challenges and experiences, enriching my love for cycling and strengthening my connection to the cycling community.

Q15: Looking ahead, what are your cycling goals or aspirations for the future?

Ans: Looking ahead, my cycling goals are about growth, adventure, and enjoyment. I want to build my endurance and strength, taking on longer rides and exploring new routes. I also aim to join more charity rides, supporting meaningful causes while connecting with other cyclists. Overall, I want to keep having fun on the bike, whether I'm challenging myself or simply enjoying a ride with friends and family. Cycling brings me joy and fulfillment, and I look forward to many more adventures on two wheels in the future.





# Pedal Passion!

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As the sun sets on our conversation with Prathmesh Katkar, the echoes of their cycling journey linger in the air, leaving behind a trail of inspiration and admiration. Through the ups and downs, triumphs and challenges, Prathmesh Katkar has woven a tapestry of experiences that speak to the essence of human spirit and the power of community. In the realm of cycling, they have discovered not just a sport, but a symphony of connection, a sanctuary of peace, and a beacon of hope. May their story serve as a reminder that with each pedal stroke, we not only traverse the roads beneath our wheels but also embark on a profound journey of self-discovery and fulfillment. So let us embrace the adventure, cherish the camaraderie, and pedal forth with unwavering determination, for in the world of cycling, every mile brings us closer to the essence of life itself.

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# Pedal Passion!

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"Pedal Passion" is not just a magazine; it's a beacon illuminating the lives of passionate cyclists whose love for cycling transcends mere exercise and leisure. Within its pages, you'll discover stories of individuals who have embraced cycling as more than just a hobby – it's a transformative force that has reshaped their world.

This magazine isn't about celebrating the well-known names in the cycling world; rather, it's a tribute to the unsung heroes who pedal not for glory or fame, but simply for the sheer joy and pursuit of fitness. Through insightful features and captivating narratives, "Pedal Passion" shines a spotlight on these individuals, sharing their journeys, their struggles, and their triumphs.

In a world where cycling has become more than just a mode of transportation or a recreational activity, "Pedal Passion" seeks to inspire and connect with its readers by showcasing the diverse and inspiring stories of those who have embraced the cycling lifestyle. Whether you're an avid cyclist or someone who simply appreciates stories of passion and dedication, "Pedal Passion" invites you to join the journey and find inspiration in the remarkable individuals who pedal their way through life.