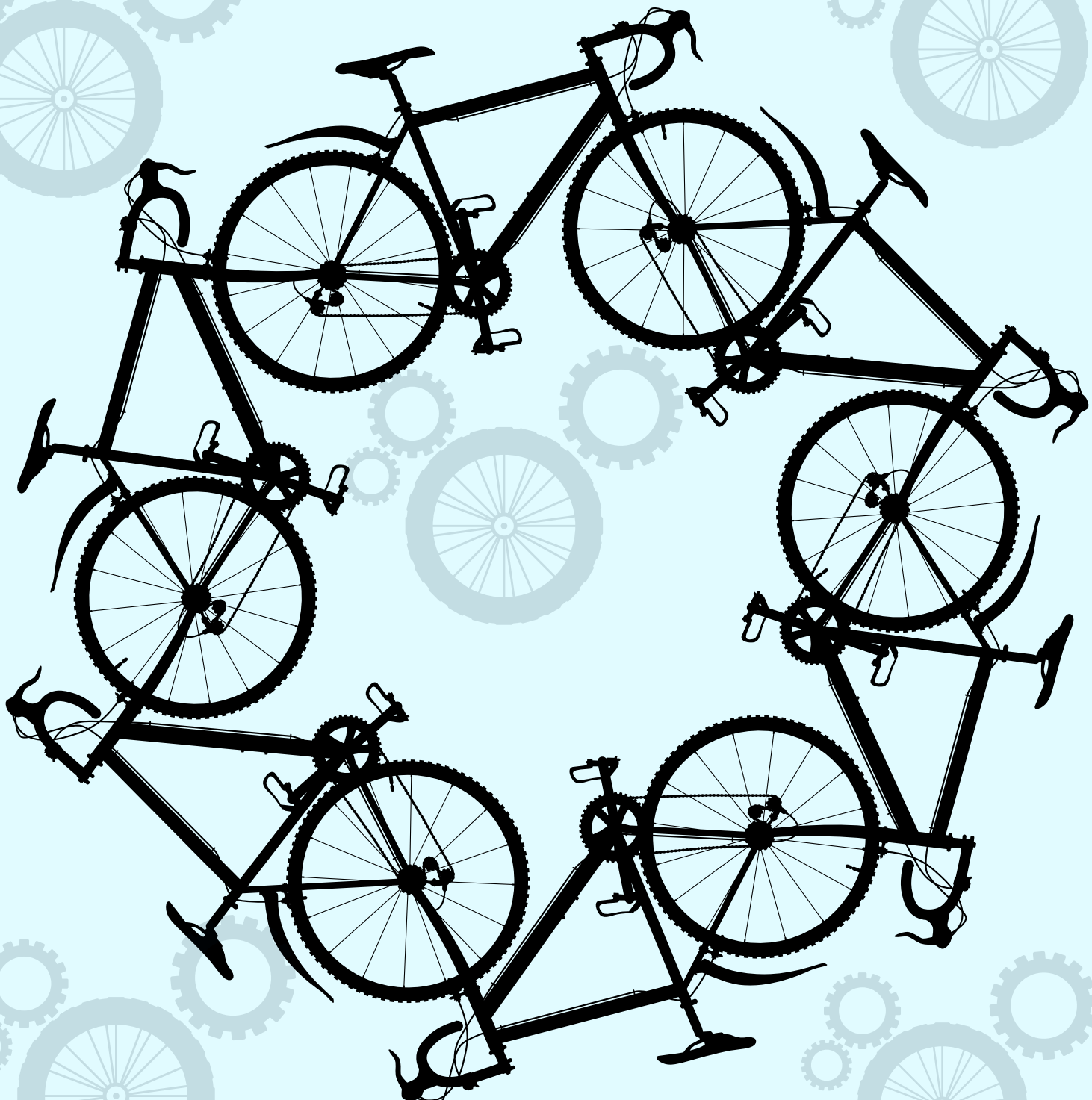


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Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



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THANK YOU FOR YOUR UNDERSTANDING AND CONTINUED SUPPORT.

SINCERELY,

PEDAL PASSION EDITORIAL TEAM

Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



WHATS INSIDE:

EDITORIAL NOTES

1. TRUPTIDA KATKAR
2. KISHOR G MANE
3. DR. VISHAL KHAIRNAR
4. VIJAYA LANKE
5. DR. ANITA JABHADE
6. SUVARNA DESHMUKH
7. PRASHANT GURAV
8. DR VISHAL AHIRE
9. KAILAS BORADE
10. MANGESHKUMAR D PATIL
11. NILESH PATIL
12. DIPTI GAVALI
13. D M BORSE
14. PRATHMESH KATKAR

Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



Greetings to all cycling enthusiasts and advocates of healthy living,

As the founder and owner of Voice Vista, it gives me immense pleasure to introduce our latest venture: Pedal Passion Magazine. At Voice Vista, our mission has always been to create platforms that amplify unique voices and showcase inspiring stories. With Pedal Passion Magazine, we aim to shine a spotlight on the vibrant world of cycling and the passionate individuals who make it a way of life.

Cycling has long been hailed as more than just a mode of transportation or a form of exercise – it's a lifestyle, a community, and a source of endless inspiration. Pedal Passion Magazine is a testament to the power of this timeless pursuit, as we delve into the stories of cyclists from all walks of life. From the urban commuter navigating bustling city streets to the intrepid adventurer embarking on epic journeys, each page of this magazine is filled with tales of resilience, determination, and unwavering passion.

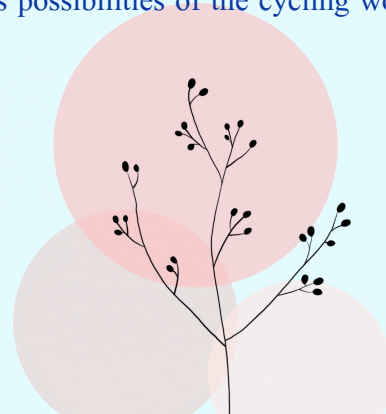
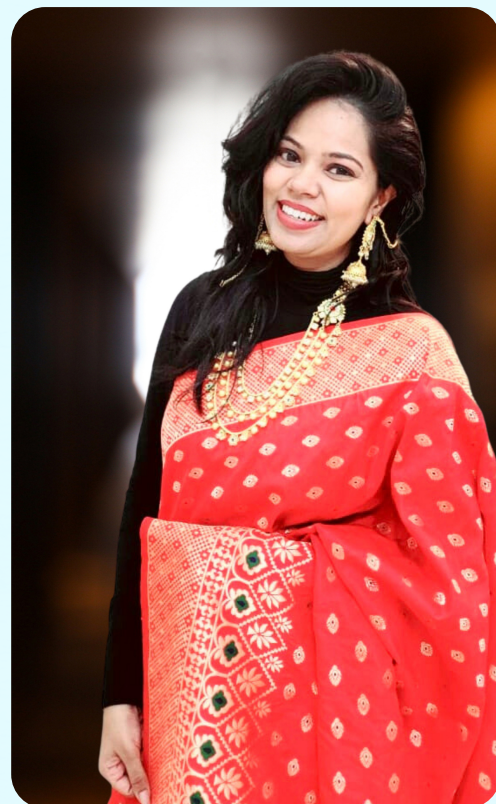
But Pedal Passion Magazine goes beyond just celebrating the sport of cycling; it's about celebrating the individuals who embody its spirit. In these pages, you'll find profiles of everyday heroes who have embraced cycling as a means of personal growth, community engagement, and environmental stewardship. Their stories serve as a reminder of the transformative power of cycling and the profound impact it can have on individuals and society as a whole.

As we launch Pedal Passion Magazine, I would like to extend my heartfelt gratitude to our dedicated team of writers, photographers, and contributors who have helped bring this vision to life. I would also like to thank our readers and supporters who share our passion for cycling and the values it represents. Whether you're a seasoned cyclist or someone who's simply curious about the world of cycling, I invite you to join us on this exciting journey. Let Pedal Passion Magazine be your guide as we explore the beauty, diversity, and endless possibilities of the cycling world together.

Happy cycling!

Pooja Prasad

Founder & Owner, Voice Vista



Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



Esteemed Readers,

I am thrilled to announce the launch of our second magazine, Pedal Passion. As editors, it is our privilege to present to you a publication dedicated to celebrating the indomitable spirit of cyclists everywhere.

In Pedal Passion, we have crafted a space where the stories of dedicated cyclists, from all corners of the globe, converge. From the bustling streets of urban landscapes to the serene trails of countryside escapes, our magazine brings to light the diverse experiences and unwavering passion that define the cycling community.

With this publication, we aim to showcase not only the thrill of the ride, but also the profound impact that cycling has on individuals and communities alike. Through captivating narratives, stunning visuals, and insightful features, Pedal Passion invites readers to embark on a journey of exploration, inspiration, and connection.

As editors, we are deeply grateful for the opportunity to curate and share these stories with you. We extend our sincerest thanks to our dedicated team of writers, photographers, and contributors, whose talent and dedication have brought Pedal Passion to life.

To our readers, we invite you to join us on this exhilarating ride. Whether you're a seasoned cyclist or someone who's just beginning to explore the world of cycling, we hope that Pedal Passion will ignite your own passion for the sport and inspire you to embrace the joys of two-wheeled adventure.

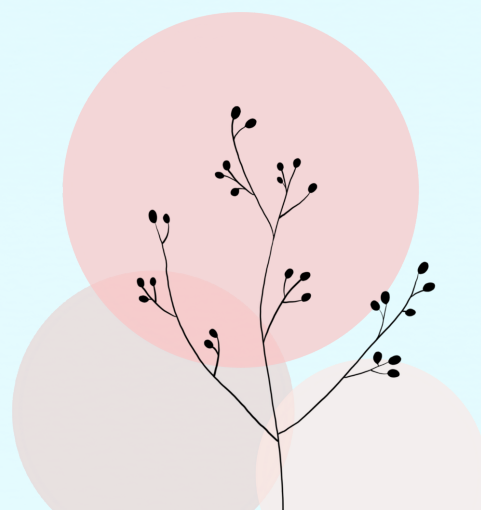
Thank you for joining us on this new journey. Here's to the open road ahead and the countless stories waiting to be told.

With gratitude and anticipation,

Dr. Anagha Naik

Editor-in-Chief (English Edition)

Pedal Passion



Pedal Passion / Voice Vista

"CELEBRATING PASSIONATE CYCLISTS"



संपादकीय ..

'हॉबी हॉर्स, बोन शेकर' असा सुरु झालेला सायकलचा प्रवास आता 'एक राईड तंदुरुस्तीसाठी!' इथपर्यंत येऊन पोहोचला आहे. सायकलिंग हा व्यामाचा आणि फिटनेस साठीचा एक चांगला पर्याय म्हणून निवडला जात आहे. सोबतच हल्ली वाढत असलेली गाड्यांची बेसुमार गर्दी, वाढते प्रदूषण, जटील वाहतूक व्यवस्था या समस्यांना पंक्चर करण्याचं काम सायकल नक्कीच करू शकते अशी भावना आता तयार व्हायला लागली आहे. त्यामुळेच आजकाल लोकं सायकल पर्यटनाच्या प्रेमात पडल्याचं चित्र बघायला मिळत आहे.

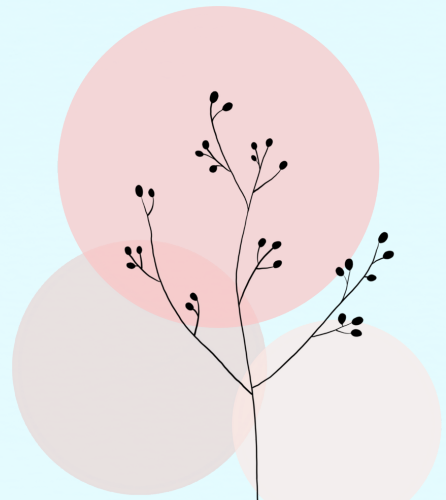
Pedal Passion या मासिकाच्या माध्यमातून सायकलिंग द्वारे निरोगी आयुष्य, पर्यावरण संवर्धन, इंधनाची बचत, वाहतूक कोंडी मिटवण्यास आणि अपघातांचे प्रमाण कमी करण्यास मदत होते असे विविध संदेश स्वतःच्या कृतीतून दाखवून देणारे काही निवडक सायकलिस्ट चा जीवन प्रवास आपल्यासमोर उलगडताना सायकल साक्षरता, सायकल संस्कृती रुजवणे आणि जोपासणे असा सायकल प्रसाराचा आमचा एक छोटासा प्रयत्न.

आशा करतो या 'cool dudes' ची Pedal Passion सायकल संस्कृती पुनर्जीवित करण्यासाठी नक्कीच फायदेशीर ठरेल.

सुनिता चौहाण.

संपादिका (मराठी अंक)

Pedal Passion



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KISHOR G MANE

Embark on a journey through the life and passion of Kishor G. Mane, a dedicated cyclist whose love for two wheels has transformed not only his own life but also his community. In this exclusive interview, we delve into Kishor's remarkable cycling journey, from his humble beginnings to his inspiring achievements as a cycling advocate and leader. Join us as we explore the profound impact of cycling on Kishor's life, his unwavering commitment to sustainability, and his vision for a greener, healthier future.

Q1. Can you share the story of how you first got involved in cycling and what sparked your passion for this sport?

Ans 1. My journey into the world of cycling began when my son, Deven, attended Silver Oak School in Dugad. Every morning, as I dropped him off, I noticed numerous cyclists zooming past in their green jerseys. One day, Devendra expressed his desire to join a cycling trip to Pandharpur organized by the school cycling club. Inspired by his enthusiasm, I decided to accompany him. That trip turned out to be unforgettable, igniting my passion for cycling. Since then, I've been hooked on the joy and freedom that cycling brings.

Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



Q2. Beyond being a form of exercise or sport, what does cycling mean to you personally?

Ans 2. Cycling is synonymous with happiness and positive energy for me. It's not just about physical exertion; it's about the mental refreshment and joy I experience every time I ride. Cycling levels the playing field, bringing everyone together, and that sense of camaraderie adds to its appeal. In essence, cycling is a source of mental well-being and fulfillment for me.

Q3. Could you share some of your most memorable cycling experiences or moments?

Ans 3. Some of my most cherished cycling experiences include becoming the president of the Nashik Cycling Foundation, bonding with my son on a journey from Nashik to Pandharpur, organizing cycling events for underprivileged students, and witnessing my wife participate in a women's cycling training camp. Each of these moments has been profoundly rewarding and has enriched my passion for cycling.

Q4. How do you stay motivated and committed to cycling, especially during challenging times or setbacks?

Ans 4. To stay motivated during challenging times, I

draw inspiration from fellow cyclists. Interacting with them, sharing stories, and exchanging words of encouragement helps reignite my enthusiasm for cycling. Additionally, I find joy in using humor and positive affirmations to lift my spirits. Moreover, the sense of accomplishment I feel after completing a challenging ride fuels my determination to overcome setbacks and keep pedaling forward.

Q5. Can you share any rituals or routines you follow before, during, or after your rides?

Ans 5. Before embarking on a ride, I always start with a warm-up to prepare my body. During the ride, I make sure to stay hydrated by drinking water every 20-25 kilometers. After completing the ride, I engage in post-ride stretching to prevent muscle stiffness. I also replenish my energy with fruits or juice and pay attention to my sodium levels. These rituals ensure that I maintain my stamina and recover effectively after each ride.

Q6. What role does cycling play in your overall lifestyle and well-being?

Ans 6. Cycling is not just a hobby or sport for me; it's an integral part of my lifestyle and well-



Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"

being. It serves as a daily dose of rejuvenation, helping me start my day on a positive note. By prioritizing cycling alongside my other responsibilities, I strike a balance that promotes both physical fitness and mental clarity. Cycling fosters discipline, focus, and a deeper connection with nature, enhancing my overall quality of life.

Q7. Have you encountered any obstacles or barriers in your cycling journey, and how did you overcome them?

Ans 7. Fortunately, I haven't faced significant obstacles in my cycling journey. However, minor challenges like punctured tires or inadequate sleep have occasionally arisen. To overcome these challenges, I prioritize safety by wearing a helmet and ensuring proper rest before rides. By adopting a proactive approach and maintaining a positive mindset, I tackle any hurdles that come my way.

Q8. What advice would you give to someone new to cycling or looking to elevate their passion for the sport?

Ans 8. My advice to newcomers in cycling is to prioritize safety by wearing a helmet and adhering to traffic rules. Start with manageable distances and gradually increase your stamina. Stay hydrated, carry water bottles, and listen to your body's signals. Most importantly, enjoy the journey and embrace the sense of freedom that cycling offers. Remember, every pedal stroke brings you closer to achieving your goals.

Q9. Are there any cycling routes or destinations that hold special significance for you?

Ans 9. Cycling routes from Nashik to Trimbakeshwar and Girnar Makmalabad are particularly meaningful to me. These routes offer pristine natural surroundings, minimal pollution, and scenic beauty, making them ideal for cycling. Additionally, the presence of educational institutions and historical landmarks adds cultural significance to these routes, enhancing the overall cycling experience.

Q10. How do you balance your cycling pursuits with other aspects of your life?

Ans 10. Balancing cycling with work, family, and social commitments requires effective time management and prioritization. I schedule my rides early in the morning or in the evening to accommodate other responsibilities during the day. Communication with my family about my passion for cycling ensures their support and understanding. By integrating cycling into social activities and being mindful of time, I strike a harmonious balance in my life.

Q11. What impact do you believe cycling has on the environment, and how do you incorporate sustainability into your cycling practices?

Ans 11. Cycling promotes environmental sustainability by reducing carbon emissions and pollution. To further





Pedal Passion!
"CELEBRATING PASSIONATE CYCLISTS"



contribute to sustainability, I choose cycling for short trips, use eco-friendly gear, and support bike-friendly initiatives in my community. By adopting eco-conscious practices in my cycling routine, I aim to minimize my carbon footprint and preserve the planet for future generations.

Q12. Can you share your favorite cycling gear or equipment and why it's essential to your riding experience?

Ans 12. Padded cycling shorts are my go-to gear for their comfort and performance during long rides. They prevent chafing and discomfort, allowing me to focus on enjoying the ride. Additionally, I value gears 3 and 7 for their versatility and efficiency, especially on varied terrain. These essential gear items enhance my riding experience and contribute to a smoother, more enjoyable journey.

Q13. How do you engage with the cycling community, and what benefits do you find in connecting with fellow cyclists?

Ans 13. As the President of the Nashik Cycling Foundation, I actively engage with the cycling community through organizing events and promoting environmental awareness. Connecting with fellow cyclists fosters camaraderie, encourages mutual support, and promotes a sense of belonging within the cycling community. Together, we work towards common goals of promoting cycling as a healthy lifestyle choice and advocating for environmental conservation.

Q14. Have you participated in any cycling events or competitions, and what were your experiences like?

Ans 14. I have participated in various cycling events, including rides from Nashik to Pandharpur, Kotamgaon, Shegaon, Shivneri, and Mumbai. Additionally, I've taken part in the Rajmata Jijau event, where I rode over 200 kilometers in a month. These experiences have been incredibly rewarding, filled with enthusiasm and camaraderie among fellow cyclists. Participating in such events has not only enhanced my cycling stamina but also provided memorable moments of joy and accomplishment.

Q15. What are your cycling goals or aspirations for the future?

Ans 15. My vision for the future involves making Nashik a cycling-friendly city known as the Cycle Capital. I aspire to promote cycling as a sustainable mode of transportation and recreation for individuals of all



Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"

ages. By advocating for bike lanes, environmental conservation, and community engagement, I hope to create a greener, healthier, and happier city where cycling becomes ingrained in everyday life. I aim to continue organizing cycling events, advocating for bike-friendly infrastructure, and spreading awareness about the benefits of cycling for individuals and the environment. Ultimately, my goal is to inspire others to embrace cycling as a lifestyle choice, contributing to a more sustainable and vibrant community for generations to come.

As we conclude our interview with Kishor G. Mane, one thing becomes abundantly clear: cycling is more than just a hobby for him—it's a way of life. Through his dedication, passion, and unwavering commitment to both cycling and environmental sustainability, Kishor serves as a beacon of inspiration for cyclists and enthusiasts alike. His story reminds us of the transformative power of a simple yet profound act—riding a bike. As we pedal forward into the future, let us heed Kishor's call to embrace cycling not only as a means of transportation but also as a catalyst for positive change in our communities and beyond.

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Pedal Passion!

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"Pedal Passion" is not just a magazine; it's a beacon illuminating the lives of passionate cyclists whose love for cycling transcends mere exercise and leisure. Within its pages, you'll discover stories of individuals who have embraced cycling as more than just a hobby – it's a transformative force that has reshaped their world.

This magazine isn't about celebrating the well-known names in the cycling world; rather, it's a tribute to the unsung heroes who pedal not for glory or fame, but simply for the sheer joy and pursuit of fitness. Through insightful features and captivating narratives, "Pedal Passion" shines a spotlight on these individuals, sharing their journeys, their struggles, and their triumphs.

In a world where cycling has become more than just a mode of transportation or a recreational activity, "Pedal Passion" seeks to inspire and connect with its readers by showcasing the diverse and inspiring stories of those who have embraced the cycling lifestyle. Whether you're an avid cyclist or someone who simply appreciates stories of passion and dedication, "Pedal Passion" invites you to join the journey and find inspiration in the remarkable individuals who pedal their way through life.