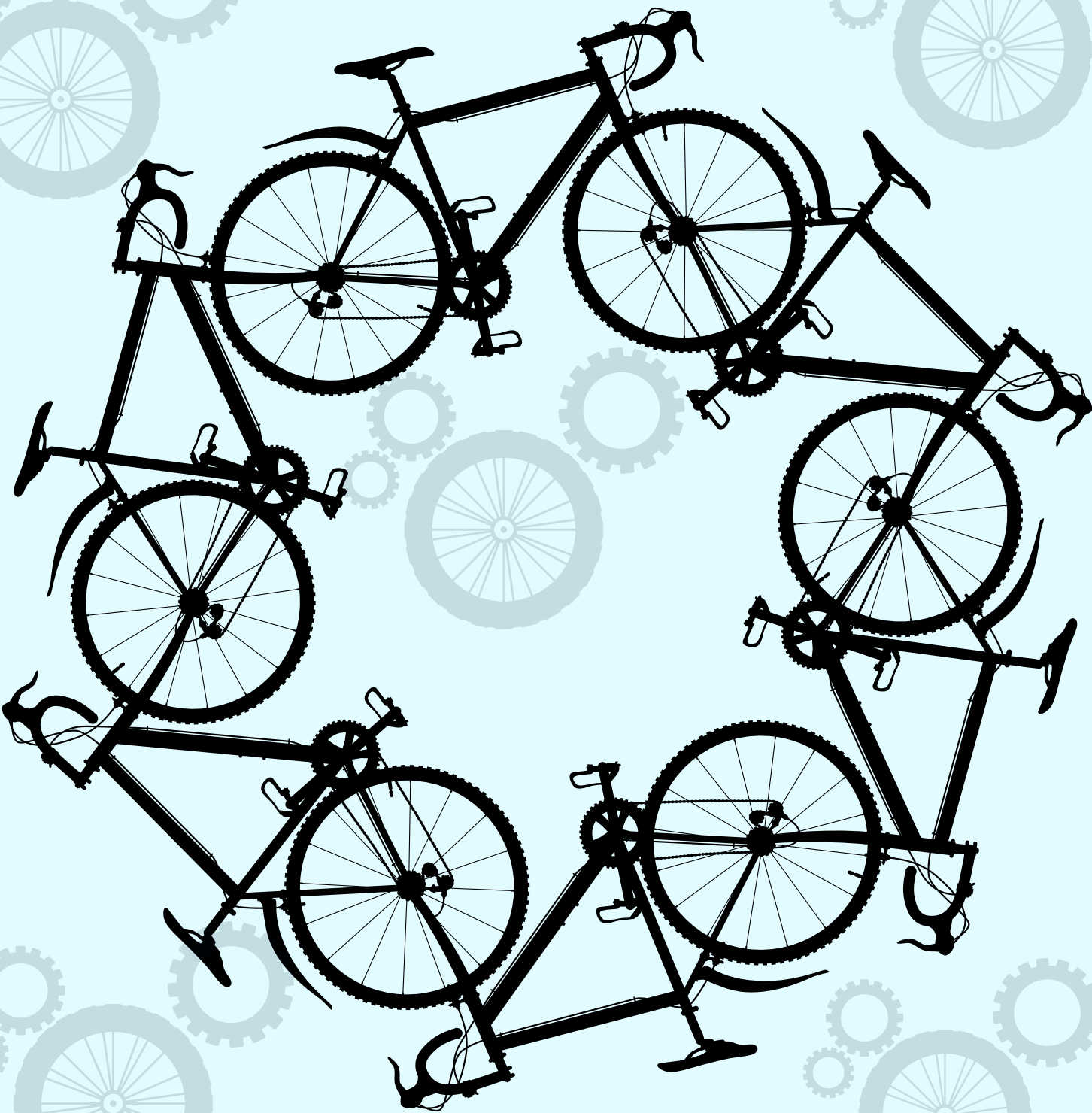


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Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



Pedal Passion!

"CELEBRATING PASSIONATE CYCLISTS"



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THANK YOU FOR YOUR UNDERSTANDING AND CONTINUED SUPPORT.

SINCERELY,

PEDAL PASSION EDITORIAL TEAM

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Greetings to all cycling enthusiasts and advocates of healthy living,

As the founder and owner of Voice Vista, it gives me immense pleasure to introduce our latest venture: Pedal Passion Magazine. At Voice Vista, our mission has always been to create platforms that amplify unique voices and showcase inspiring stories. With Pedal Passion Magazine, we aim to shine a spotlight on the vibrant world of cycling and the passionate individuals who make it a way of life.

Cycling has long been hailed as more than just a mode of transportation or a form of exercise – it's a lifestyle, a community, and a source of endless inspiration. Pedal Passion Magazine is a testament to the power of this timeless pursuit, as we delve into the stories of cyclists from all walks of life. From the urban commuter navigating bustling city streets to the intrepid adventurer embarking on epic journeys, each page of this magazine is filled with tales of resilience, determination, and unwavering passion.

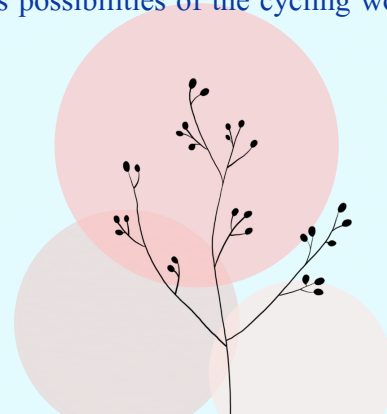
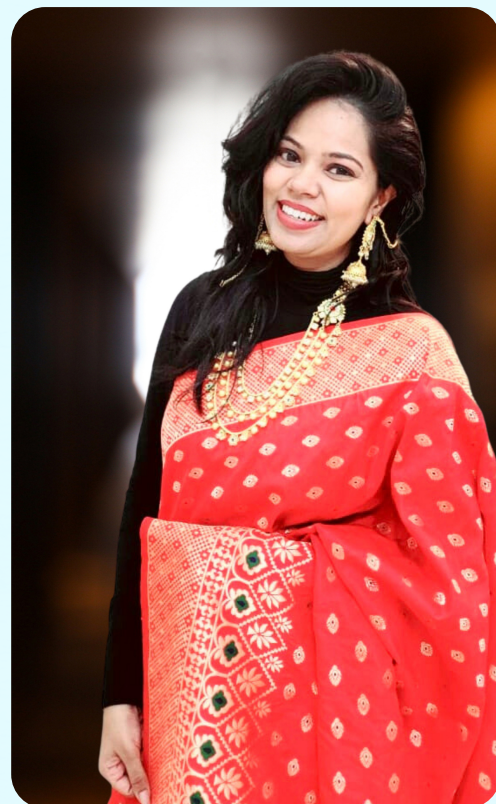
But Pedal Passion Magazine goes beyond just celebrating the sport of cycling; it's about celebrating the individuals who embody its spirit. In these pages, you'll find profiles of everyday heroes who have embraced cycling as a means of personal growth, community engagement, and environmental stewardship. Their stories serve as a reminder of the transformative power of cycling and the profound impact it can have on individuals and society as a whole.

As we launch Pedal Passion Magazine, I would like to extend my heartfelt gratitude to our dedicated team of writers, photographers, and contributors who have helped bring this vision to life. I would also like to thank our readers and supporters who share our passion for cycling and the values it represents. Whether you're a seasoned cyclist or someone who's simply curious about the world of cycling, I invite you to join us on this exciting journey. Let Pedal Passion Magazine be your guide as we explore the beauty, diversity, and endless possibilities of the cycling world together.

Happy cycling!

Pooja Prasad

Founder & Owner, Voice Vista



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Esteemed Readers,

I am thrilled to announce the launch of our second magazine, Pedal Passion. As editors, it is our privilege to present to you a publication dedicated to celebrating the indomitable spirit of cyclists everywhere.

In Pedal Passion, we have crafted a space where the stories of dedicated cyclists, from all corners of the globe, converge. From the bustling streets of urban landscapes to the serene trails of countryside escapes, our magazine brings to light the diverse experiences and unwavering passion that define the cycling community.

With this publication, we aim to showcase not only the thrill of the ride, but also the profound impact that cycling has on individuals and communities alike. Through captivating narratives, stunning visuals, and insightful features, Pedal Passion invites readers to embark on a journey of exploration, inspiration, and connection.

As editors, we are deeply grateful for the opportunity to curate and share these stories with you. We extend our sincerest thanks to our dedicated team of writers, photographers, and contributors, whose talent and dedication have brought Pedal Passion to life.

To our readers, we invite you to join us on this exhilarating ride. Whether you're a seasoned cyclist or someone who's just beginning to explore the world of cycling, we hope that Pedal Passion will ignite your own passion for the sport and inspire you to embrace the joys of two-wheeled adventure.

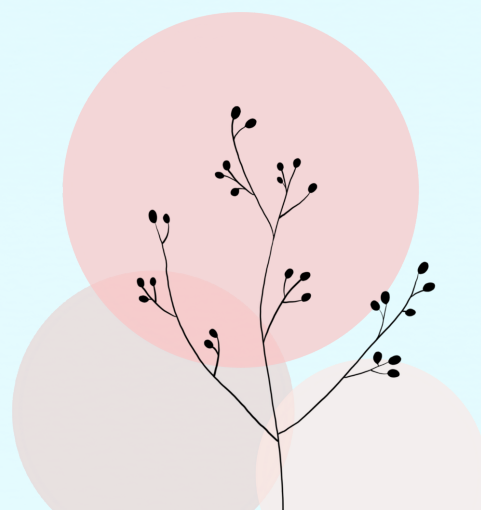
Thank you for joining us on this new journey. Here's to the open road ahead and the countless stories waiting to be told.

With gratitude and anticipation,

Dr. Anagha Naik

Editor-in-Chief (English Edition)

Pedal Passion



Pedal Passion / Voice Vista

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संपादकीय ..

'हॉबी हॉर्स, बोन शेकर' असा सुरु झालेला सायकलचा प्रवास आता 'एक राईड तंदुरुस्तीसाठी!' इथपर्यंत येऊन पोहोचला आहे. सायकलिंग हा व्यामाचा आणि फिटनेस साठीचा एक चांगला पर्याय म्हणून निवडला जात आहे. सोबतच हल्ली वाढत असलेली गाड्यांची बेसुमार गर्दी, वाढते प्रदूषण, जटील वाहतूक व्यवस्था या समस्यांना पंक्चर करण्याचं काम सायकल नक्कीच करू शकते अशी भावना आता तयार व्हायला लागली आहे. त्यामुळेच आजकाल लोकं सायकल पर्यटनाच्या प्रेमात पडल्याचं चित्र बघायला मिळत आहे.

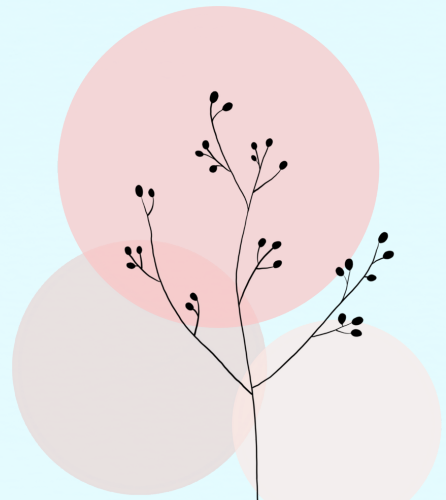
Pedal Passion या मासिकाच्या माध्यमातून सायकलिंग द्वारे निरोगी आयुष्य, पर्यावरण संवर्धन, इंधनाची बचत, वाहतूक कोंडी मिटवण्यास आणि अपघातांचे प्रमाण कमी करण्यास मदत होते असे विविध संदेश स्वतःच्या कृतीतून दाखवून देणारे काही निवडक सायकलिस्ट चा जीवन प्रवास आपल्यासमोर उलगडताना सायकल साक्षरता, सायकल संस्कृती रुजवणे आणि जोपासणे असा सायकल प्रसाराचा आमचा एक छोटासा प्रयत्न.

आशा करतो या 'cool dudes' ची Pedal Passion सायकल संस्कृती पुनर्जीवित करण्यासाठी नक्कीच फायदेशीर ठरेल.

सुनिता चौहाण.

संपादिका (मराठी अंक)

Pedal Passion



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DR ANITA LABHADE

Dr. Anita Labhade, affectionately known as Aunti, epitomizes the embodiment of passion, resilience, and unwavering determination in the realm of cycling. With a profound journey that transcends mere physical exertion, Aunti Anita has emerged as a beacon of inspiration, igniting the flames of enthusiasm for cycling amidst adversity. As a stalwart amidst the challenges posed by the COVID-19 pandemic, she embraced cycling not only as a means of fitness but as a profound form of meditation, enriching both her physical and mental well-being. With an illustrious repertoire of memorable rides, including her conquests in endurance events like the Paris-Brest-Paris and the LRM 1200 km Nashik-Vijayapura-Nashik, Aunti Anita's journey is a testament to perseverance and resilience in the face of adversity. As we delve into her remarkable odyssey, we unravel the essence of her unwavering commitment to the sport, her steadfast dedication to personal growth, and the profound impact of her endeavors on the cycling community at large. Join us as we embark on an enlightening journey with Dr. Anita Labhade, an individual whose passion for cycling transcends boundaries and serves as an inspiration to us all.

Q 1: Can you tell us about your journey into the world of cycling? What sparked your passion for this sport?

Ans: Amidst the COVID-19 pandemic lockdown, I found myself with ample time and a relaxed schedule, prompting me to delve into fitness activities. It was during this period that the National Cycling Federation initiated a star challenge, challenging participants to complete 10,000 kilometers within a year. Intrigued by the challenge, I decided to embark on my cycling journey.

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Q 2: What does cycling mean to you personally, beyond just a form of exercise or sport?

Ans: For me, cycling transcends mere physical exercise; it serves as a form of meditation. Engaging in cycling not only strengthens my body but also rejuvenates my mind, serving as a profound stress-reliever.

Q 3: What are some of the most memorable cycling experiences or moments you've had?

Ans: Several rides stand out in my memory: The Shivneri ride, marking my first long-distance journey to the birthplace of Chhatrapati Shivaji Maharaj. Participating in the Paris-Brest-Paris event, spanning 1,217 kilometers, where I encountered cyclists from around the globe and tackled some of the most challenging terrains. Completing the LRM 1200 km Nashik-Vijayapura-Nashik ride within 84 hours, a testament to endurance and perseverance. Countless challenging BRM rides spanning distances of 200, 300, 400, and 600 kilometers.

Q 4: How do you stay motivated and committed to cycling, especially during challenging times or setbacks?

Ans: The allure of different cycling challenges and the inherent relaxation and refreshment I derive from cycling itself keep me motivated and committed to the sport.

Q 5: Can you share any rituals or routines you follow before, during, or after your rides?

Ans: Before setting off on a ride, I begin my day with a glass of hot water followed by a cup of tea. I embark on my cycling journey, covering 50-60 kilometers without interruption, before indulging in a hearty brunch.

Q 6: What role does cycling play in your overall lifestyle and well-being?

Ans: Cycling has significantly contributed to my physical and mental well-being, rendering me stronger both physically and mentally. Through enduring challenging rides, I've overcome numerous obstacles, fostering personal growth.

Q 7: Have you ever faced any obstacles or barriers in your cycling journey, and how did you overcome them?

Ans: Endurance cycling, such as BRMs and LRMs, serves to push one's limits. Overcoming obstacles such as adverse weather conditions, technical bike issues, and physical discomforts like muscle cramps and saddle sores requires determination and resilience.

Q 8: What advice would you give to someone who



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is just starting out in cycling or looking to take their passion to the next level?

Ans: Maintain your bike meticulously, prioritize safety by wearing a helmet, and invest in proper cycling attire. Consistency and perseverance are key to advancing your passion for cycling.

Q 9: Are there any particular cycling routes or destinations that hold special significance for you? If so, why?

Ans: I find solace and inspiration in cycling along the roads of Aurangabad due to their scenic beauty, minimal traffic, and easy accessibility.

Q 10: How do you balance your cycling pursuits with other aspects of your life, such as work, family, and social commitments?

Ans: My cycling routine typically takes place in the morning, allowing me to allocate time for other obligations throughout the day. I prioritize endurance rides over social cycling events to devote ample time to BRMs.

Q 11: What impact do you believe cycling has on the environment, and how do you incorporate sustainability into your cycling practices?

Ans: Cycling serves as a sustainable mode of transportation, reducing both air and noise pollution. Whenever feasible, I opt for cycling as a means of commute, contributing to environmental conservation.

Q 12: Can you share any favorite cycling gear or equipment that you swear by, and why it's essential to your riding experience?

Ans: Giant bikes have become my preferred choice due to their superior build quality, ergonomic design, and reliability, crucial factors for enduring long-distance rides hassle-free.

Q 13: How do you engage with the cycling community, and what benefits do you find in connecting with fellow cyclists?

Ans: Since embracing cycling, I've had the pleasure of connecting with fellow cyclists spanning various age groups. These connections not only enhance my safety during rides but also foster a sense of camaraderie and shared passion.

Q 14: Have you participated in any cycling events or competitions? If so, what were they, and what were your experiences like?

Ans: I've participated in numerous events, including PBP-2023, LRM-2014, and secured five SR titles. Winning the





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first prize at the Sinnar Cyclothon race marked a particularly rewarding experience, albeit amidst the challenges encountered during endurance rides.

Q 15: Looking ahead, what are your cycling goals or aspirations for the future

Ans: My future endeavors revolve around perpetuating my passion for cycling, exploring new rides, challenges, and competitions, as I continue to push the boundaries of my capabilities.

Dr. Anita Labhade's journey into the world of cycling serves as a poignant reminder of the transformative power of passion, perseverance, and resilience. Her unwavering commitment to the sport, coupled with her indomitable spirit, has not only propelled her to extraordinary heights but has also inspired countless individuals to embark on their own cycling odyssey. As we reflect on Aunti Anita's remarkable accomplishments and the profound impact she has had on the cycling community, we are reminded of the boundless potential that lies within each of us to overcome obstacles, pursue our dreams, and leave an indelible mark on the world. Let us continue to draw inspiration from Dr. Anita Labhade's journey, embracing the ethos of determination, courage, and unwavering passion as we navigate our own paths towards fulfillment and success.



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"Pedal Passion" is not just a magazine; it's a beacon illuminating the lives of passionate cyclists whose love for cycling transcends mere exercise and leisure. Within its pages, you'll discover stories of individuals who have embraced cycling as more than just a hobby – it's a transformative force that has reshaped their world.

This magazine isn't about celebrating the well-known names in the cycling world; rather, it's a tribute to the unsung heroes who pedal not for glory or fame, but simply for the sheer joy and pursuit of fitness. Through insightful features and captivating narratives, "Pedal Passion" shines a spotlight on these individuals, sharing their journeys, their struggles, and their triumphs.

In a world where cycling has become more than just a mode of transportation or a recreational activity, "Pedal Passion" seeks to inspire and connect with its readers by showcasing the diverse and inspiring stories of those who have embraced the cycling lifestyle. Whether you're an avid cyclist or someone who simply appreciates stories of passion and dedication, "Pedal Passion" invites you to join the journey and find inspiration in the remarkable individuals who pedal their way through life.