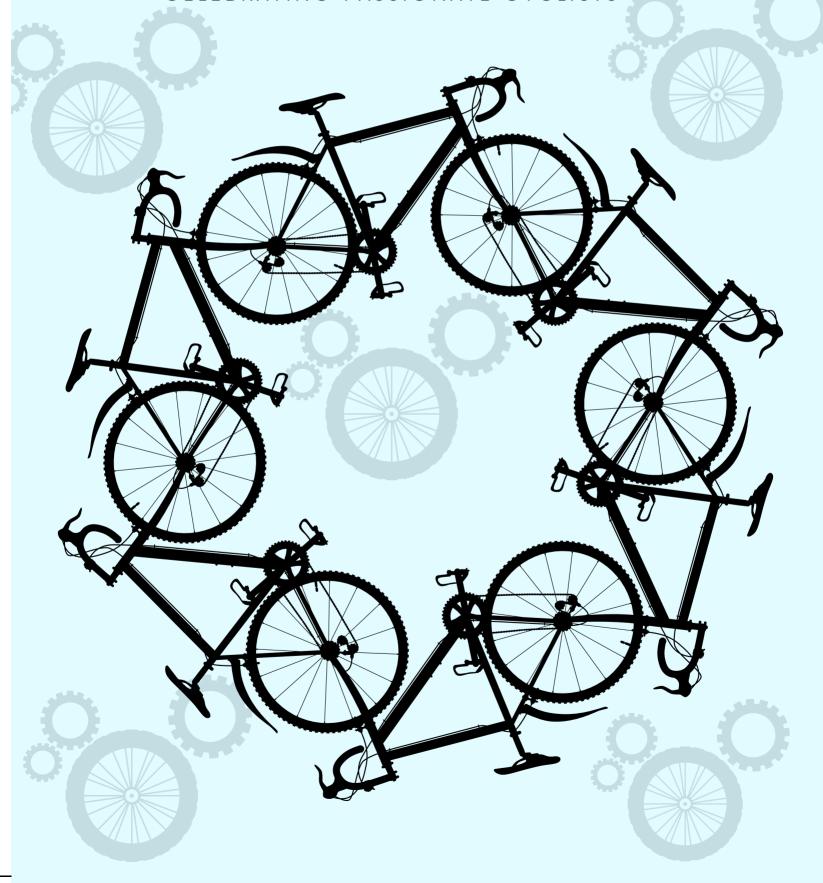
Pedal Passion/



"CELEBRATING PASSIONATE CYCLISTS".



Pedal Passion Voice Vista
"CELEBRATING PASSIONATE CYCLISTS"

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THANK YOU FOR YOUR UNDERSTANDING AND CONTINUED SUPPORT.

SINCERELY,

PEDAL PASSION EDITORIAL TEAM

"CELEBRATING PASSIONATE CYCLISTS"

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## Pedal Passion Voice Vista "CELEBRATING PASSIONATE CYCLISTS"

Greetings to all cycling enthusiasts and advocates of healthy living,

As the founder and owner of Voice Vista, it gives me immense pleasure to introduce our latest venture: Pedal Passion Magazine. At Voice Vista, our mission has always been to create platforms that amplify unique voices and showcase inspiring stories. With Pedal Passion Magazine, we aim to shine a spotlight on the vibrant world of cycling and the passionate individuals who make it a way of life.

Cycling has long been hailed as more than just a mode of transportation or a form of exercise — it's a lifestyle, a community, and a source of endless inspiration. Pedal Passion Magazine is a testament to the power of this timeless pursuit, as we delve into the stories of cyclists from all walks of life. From the urban commuter navigating bustling city streets to the intrepid adventurer embarking on epic journeys, each page of this magazine is filled with tales of resilience, determination, and unwavering passion.



But Pedal Passion Magazine goes beyond just celebrating the sport of cycling; it's about celebrating the individuals who embody its spirit. In these pages, you'll find profiles of everyday heroes who have embraced cycling as a means of personal growth, community engagement, and environmental stewardship. Their stories serve as a reminder of the transformative power of cycling and the profound impact it can have on individuals and society as a whole.

As we launch Pedal Passion Magazine, I would like to extend my heartfelt gratitude to our dedicated team of writers, photographers, and contributors who have helped bring this vision to life. I would also like to thank our readers and supporters who share our passion for cycling and the values it represents. Whether you're a seasoned cyclist or someone who's simply curious about the world of cycling, I invite you to join us on this exciting journey. Let Pedal Passion Magazine be your guide as we explore the beauty, diversity, and endless possibilities of the cycling world together.

Happy cycling!

Founder & Owner, Voice Vista



Esteemed Readers,

I am thrilled to announce the launch of our second magazine, Pedal Passion. As editors, it is our privilege to present to you a publication dedicated to celebrating the indomitable spirit of cyclists everywhere.



In Pedal Passion, we have crafted a space where the stories of dedicated cyclists, from all corners of the globe, converge. From the bustling streets of urban landscapes to the serene trails of countryside escapes, our magazine brings to light the diverse experiences and unwavering passion that define the cycling community.

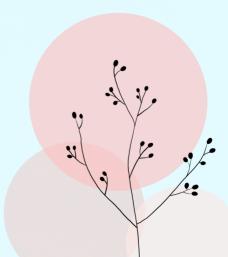
With this publication, we aim to showcase not only the thrill of the ride, but also the profound impact that cycling has on individuals and communities alike. Through captivating narratives, stunning visuals, and insightful features, Pedal Passion invites readers to embark on a journey of exploration, inspiration, and connection.

As editors, we are deeply grateful for the opportunity to curate and share these stories with you. We extend our sincerest thanks to our dedicated team of writers, photographers, and contributors, whose talent and dedication have brought Pedal Passion to life.

To our readers, we invite you to join us on this exhilarating ride. Whether you're a seasoned cyclist or someone who's just beginning to explore the world of cycling, we hope that Pedal Passion will ignite your own passion for the sport and inspire you to embrace the joys of two-wheeled adventure.

Thank you for joining us on this new journey. Here's to the open road ahead and the countless stories waiting to be told.

With gratitude and anticipation,
Dr. Anagha Naik
Editor-in-Chief (English Edition)
Pedal Passion



## Pedal Passion Voice Vista

"CELEBRATING PASSIONATE CYCLISTS"



संपादकीय ..

'हॉबी हॉर्स, बोन शेकर' असा सुरू झालेला सायकलचा प्रवास आता 'एक राईड तंदुरुस्तीसाठी!' इथपर्यंत येऊन पोहोचला आहे. सायकिलंग हा व्यामाचा आणि फिटनेस साठीचा एक चांगला पर्याय म्हणून निवडला जात आहे. सोबतच हल्ली वाढत असलेली गाड्यांची बेसुमार गर्दी, वाढते प्रदूषण, जटील वाहतूक व्यवस्था या समस्यांना पंक्चर करण्याचं काम सायकल नक्कीच करू शकते अशी भावना आता तयार व्हायला लागली आहे. त्यामुळेच आजकाल लोकं सायकल पर्यटनाच्या प्रेमात पडल्याचं चित्र बघायला मिळत आहे.

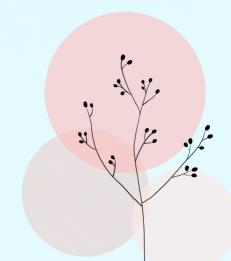
Pedal Passion या मासिकाच्या माध्यमातून सायकलिंग द्वारे निरोगी आयुष्य, पर्यावरण संवर्धन, इंधनाची बचत, वाहतूक कोंडी मिटवण्यास आणि अपघातांचे प्रमाण कमी करण्यास मदत होते असे विविध संदेश स्वतःच्या कृतीतून दाखवून देणारे काही निवडक सायकलिस्ट चा जीवन प्रवास आपल्यासमोर उलगडताना सायकल साक्षरता, सायकल संस्कृती रुजवणे आणि जोपासणे असा सायकल प्रसाराचा आमचा एक छोटासा प्रयत्न.

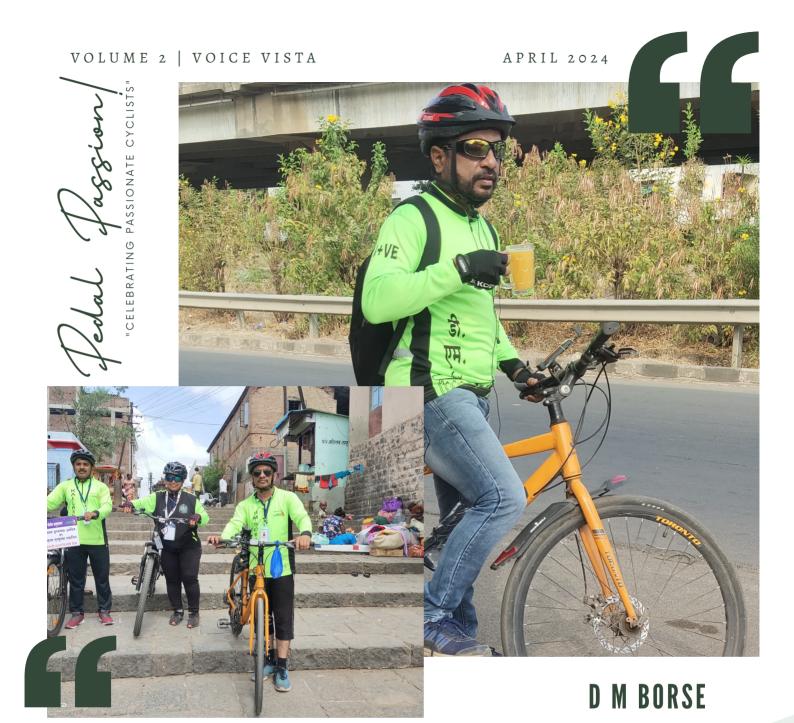
आशा करतो या 'cool dudes' ची Pedal Passion सायकल संस्कृती पुनर्जीवित करण्यासाठी नक्कीच फायदेशीर ठरेल.

सुनिता चौहाण.

संपादिका (मराठी अंक)

**Pedal Passion** 





Embark on a journey through the scenic vistas and invigorating rhythms of cycling with DM Borse, a fervent advocate for pedal-powered wellness. In this exclusive interview, we delve into the heart and soul of DM's cycling odyssey, exploring the profound impact of this exhilarating sport beyond mere exercise. From cherished memories along Pandharpur Wari to navigating obstacles with resilience, DM shares insights, rituals, and aspirations that illuminate the transformative power of cycling. Join us as we pedal through DM's inspiring narrative, discovering the joy, health, and harmony woven into every spin of the wheel.

Q 1: Can you tell us about your journey into the world of cycling? What sparked your passion for this sport? Ans: Some friends started working out with cycles and were doing small group rides. They were having fun, and good results when it came to getting fit. So I started riding with them at a small distance from a small fitness perspective. I started having fun while riding with them.

Q 2: What does cycling mean to you personally, beyond just a form of exercise or sport?

Ans: Cycling can protect us from serious diseases like stroke, heart attack, some cancers, depression, diabetes, obesity, and arthritis. It's not just about physical activity; it's a way to safeguard my health and well-being.

APRIL 2024

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Q 3: What are some of the most memorable cycling experiences or moments you've had?

A 3: Cycling for Pandharpur Wari duly arranged by NCF, Nashik was a really easy and wonderful experience for me. I have been enjoying it every year for the past 5 years. I used to go to Shilapur for my daily routine and Trimbak, Anjaneri Vari is almost always attracted during my weekly vacation on Saturday.

Q 4: How do you stay motivated and committed to cycling, especially during challenging times or setbacks?

A 4: We take selfies, drink tea on the road, do stress-releasing exercises, and most importantly, sing songs, so whenever we feel down, we release tension in this way.

Q 5: Can you share any rituals or routines you follow before, during, or after your rides?

A 5: Whether the work is less or more, the 1-to-1.5 hours at the beginning of the day is decisive for our health. As we have daily workouts and cycling in the routine, we do not get tired all day. And also a peaceful sleep in the evening. But it's like an addiction in a way that if you don't do it one day it's just as painful.

Q 6: What role does cycling play in your overall lifestyle and well-being?

Ans: Riding a bike is a healthy, fun, and lowimpact form of exercise for all ages. It is an easy exercise that can be obtained in any age.

Q 7: Have you ever faced any obstacles or barriers in your cycling journey, and how did you overcome them?

Ans: Heavy traffic, asphalt conditions, and high speeds create dangerous conditions for cyclists and accidents are unfortunately common. Especially night riding is more dangerous if not wearing a flashing dress and accessories.

Q 8: What advice would you give to someone who is just starting out in cycling or looking to take their passion to the next level?

Ans: Just start riding progressively longer rides and build their way up. Newcomers need to get their bodies used to sitting on the bike for 4-5 hours a week. All rules and regulations must be followed. Join an experienced cyclist group in any city.

Q 9: Are there any particular cycling routes or destinations that hold special significance for you? If so, why?

Ans: Yes Trimak, Anjaneri, and Aurangabad routes are very important for me as we know the bottlenecks and traffic as well. Common friends are always available on this path.

Q 10: How do you balance your cycling pursuits with other aspects of your life, such as work, family, and social commitments?

Ans: I make sure to prioritize my mental and physical health and make time for activities that make me happy and reduce stress. Also thinking about my family time I am detached from my non-constructive tasks.

Q 11: What impact do you believe cycling has on the environment, and how do you incorporate sustainability into your cycling practices?

Ans: Car fuels, in particular, include gases like carbon dioxide ( $CO_2$ ) and nitrogen dioxide, which are seriously harmful to the environment when released in large volumes. On the other hand, cycling releases very little  $CO_2$  into the air. The percentage of cycling will reduce pollution.

Q 12: Can you share any favorite cycling gear or equipment that you swear by, and why it's essential to your riding experience?

Ans: The basic equipment you will require for cycling is a bike and helmet. Of course, there are plenty of optional extras, and, as for all outdoor sports, don't forget we need to plan for sun protection and hydration too.

Q 13: How do you engage with the cycling community, and what benefits do you find in connecting with fellow cyclists?

A 13: Riding a bike is an ideal form of exercise if you have osteoarthritis because it is a low-impact exercise that places little stress on joints. It prevents a heart attack.

Q 14: Have you participated in any cycling events or competitions? If so, what were they, and what were your experiences like?

A 14: I have never participated in a cycling competition. However, I participate in different NCF rides to give a good message to the community and to have fun and have fun with my friends.

Q 15: Looking ahead, what are your cycling goals or aspirations for the future?

A 15: These are my personal goals:- a) To free from many diseases, b) To save foreign fuel c) To solve the problem of traffic to some extent d) To keep my body healthy e) To improve my muscles and make my life healthy and fit as long as possible.

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As our wheels come to a gentle halt, we reflect on the profound journey illuminated by DM Borse's passion for cycling. Through winding paths and open roads, DM has not only discovered the boundless joys of physical activity but has also embraced cycling as a cornerstone of holistic well-being. From overcoming obstacles with unwavering determination to fostering connections within the cycling community, DM's story resonates as a testament to the transformative power of pedal-powered pursuits. As we bid farewell to this captivating journey, let us carry forward the spirit of DM's dedication, finding solace, strength, and serenity in the rhythmic cadence of our own cycling adventures.

CELEBRATING PASSIONATE CYCLISTS



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Pedal Passion |

"CELEBRATING PASSIONATE CYCLISTS"

"Pedal Passion" is not just a magazine; it's a beacon illuminating the lives of passionate cyclists whose love for cycling transcends mere exercise and leisure. Within its pages, you'll discover stories of individuals who have embraced cycling as more than just a hobby – it's a transformative force that has reshaped their world.

This magazine isn't about celebrating the well-known names in the cycling world; rather, it's a tribute to the unsung heroes who pedal not for glory or fame, but simply for the sheer joy and pursuit of fitness. Through insightful features and captivating narratives, "Pedal Passion" shines a spotlight on these individuals, sharing their journeys, their struggles, and their triumphs.

In a world where cycling has become more than just a mode of transportation or a recreational activity, "Pedal Passion" seeks to inspire and connect with its readers by showcasing the diverse and inspiring stories of those who have embraced the cycling lifestyle. Whether you're an avid cyclist or someone who simply appreciates stories of passion and dedication, "Pedal Passion" invites you to join the journey and find inspiration in the remarkable individuals who pedal their way through life.