



Edition

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Feminine Fortitude

Stories of Strength from Nashik's Leading Ladies



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SINCERELY,

FEMME FORWARD EDITORIAL TEAM

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"Dear Readers,

As we prepare to embark on another captivating journey through the pages of Voice Vista magazine, I am honored to introduce you to our latest edition: 'Feminine Fortitude'.

As the Chief editor of this esteemed publication, it has been a privilege to witness the evolution of Voice Vista and the incredible stories we have had the opportunity to share. From our inaugural issue, 'Femme Forward', to the captivating narratives in 'Pedal Passion', 'Kankavali', and 'Vinayaki Gudde', each edition has been a testament to the diverse voices and experiences that make our magazine unique.



In 'Feminine Fortitude', we delve deeper into the lives of remarkable women who have overcome obstacles, shattered glass ceilings, and made a significant impact in their respective fields. From groundbreaking entrepreneurs to visionary leaders, this edition celebrates the strength, resilience, and unwavering determination of women everywhere.

As a Chief-editor, my role is to ensure that each story is crafted with care and precision, allowing the essence of each woman's journey to shine through. It is my hope that the stories featured in 'Feminine Fortitude' inspire you, uplift you, and remind you of the incredible power that lies within each and every one of us.

I extend my heartfelt gratitude to our dedicated team of writers, photographers, and designers, whose passion and creativity bring the pages of Voice Vista to life. And to you, our cherished readers, thank you for joining us on this journey and for allowing us to share these inspiring stories with you.

Here's to celebrating the indomitable spirit of women and the transformative power of feminine fortitude.

Warm regards,

Dr Anagha Naik

Chief Editor,

Feminine Fortitude



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"Dear Readers,

As we journey through the fifth edition of Voice Vista magazine, I am filled with an overwhelming sense of gratitude and excitement. Since our humble beginnings in March, each edition has been a testament to the incredible stories and voices that define our publication.

From our debut issue, 'Femme Forward', to 'Pedal Passion' showcasing the inspiring journeys of cyclists, and 'Kankavali' and 'Vinayaki Gudde' exploring diverse themes, our magazine has been a canvas for celebrating uniqueness and resilience.

Now, as we unveil 'Feminine Fortitude', I am thrilled to present a collection of stories that illuminate the strength and grace of women who have excelled in their respective fields. Through this edition, we shine a light on the remarkable achievements of these trailblazers, inspiring others to pursue their dreams with courage and determination.

'Feminine Fortitude' is more than just a title; it is a celebration of the indomitable spirit that resides within each woman. From entrepreneurs and artists to leaders and innovators, the women featured in this edition embody the essence of resilience and perseverance.

I am deeply grateful to our contributors, whose passion and talent breathe life into the pages of Voice Vista. To our readers, thank you for embarking on this journey with us and for allowing us to share these inspiring stories with you.

As we continue to evolve and grow, let us embrace the power of feminine fortitude and celebrate the extraordinary women who shape our world.

With warmest regards,

Pooja Prasun

Founder & Owner

Feminine Fortitude



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अध्यात्मिक, पौराणिक, ऐतिहासिक वारसा लाभलेले नाशिक शहर आता मेट्रो सिटी कडे वाटचाल करत आहे. 'गोल्डन ट्रॅंगल' चा भाग होत असलेल्या नाशिक नगरीतील स्त्री शक्तीचा नवनवीन क्षेत्रात स्वतःला सिद्ध करतानाचा काटेरी वाटेवरील सोनेरी प्रवास म्हणजे 'Feminine Fortitude' हे मासिक.

प्रतिकूल परिस्थितीवर धैर्याने मात करत पारंपारिक क्षेत्रासह आधुनिक क्षेत्रात स्वतःचं वेगळं स्थान निर्माण करणाऱ्या महिलांचा हा सन्मान. या कर्तृत्ववान महिलांनी प्राप्त केलेलं यश याचंच फक्त सेलिब्रेशन न करता या महिलांनी त्यांच्या अंगी विकसित केलेलं धैर्य, बुद्धीचातुर्य, करूणा असे अनेक गुण यासह सामाजिक बांधिलकी जोपासण्यासाठी जाणीवपूर्वक केलेले प्रयत्न समाजासमोर मांडण्याचा आमचा छोटासा प्रयत्न. येणाऱ्या पिढीसाठी 'Feminine Fortitude' चा हा अंक नक्कीच मार्गदर्शक ठरेल अशी आम्ही आशा बाळगतो.

The Voice Vista Portal च्या माध्यमातून दर महिन्याला आम्ही विविध संकल्पना आणि विषय घेऊन नियमितपणे आपल्या भेटीला येत आहोत. 'Feminine Fortitude' हा पाचवा शब्दगुच्छ आमच्या वाचकांच्या हाती देताना आम्हाला मनस्वी आनंद होत आहे.

जर्नलिस्ट सुनिता चौहाण
संपादिका (मराठी अंक),
Feminine Fortitude





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PALLAVI DESHPANDE KASLIWAL

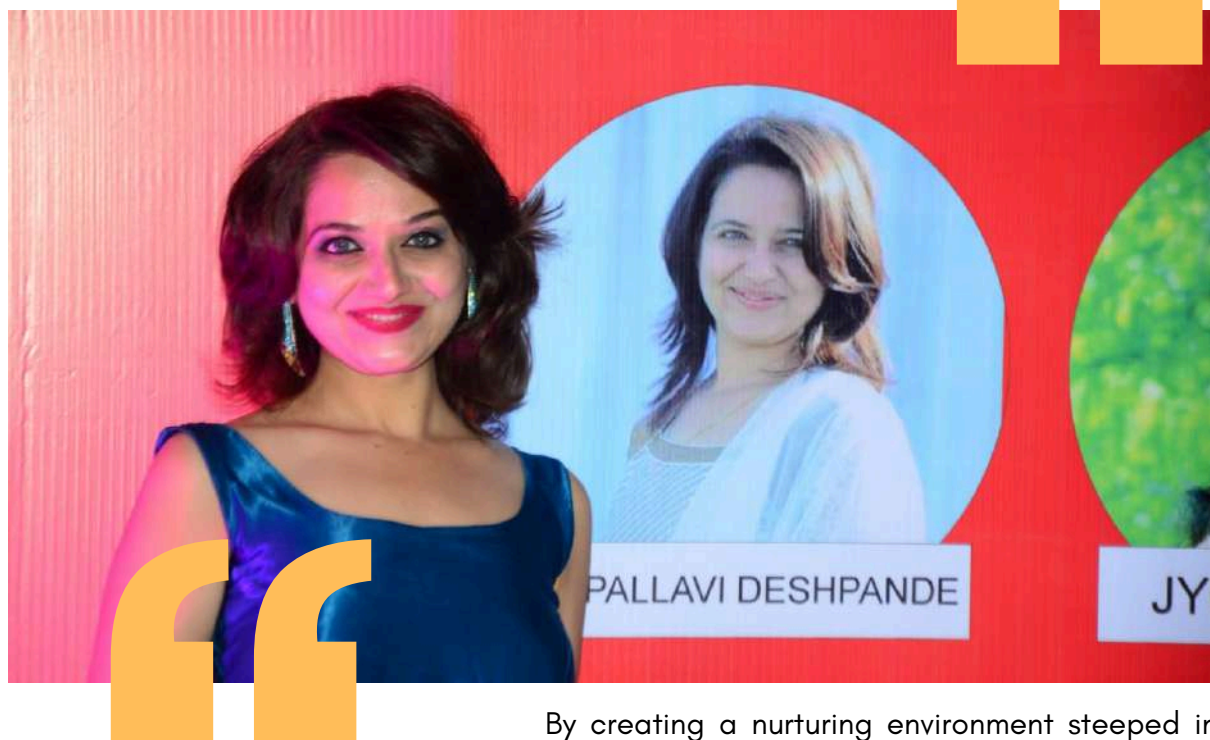
Embarking on a journey of healing requires courage, insight, and a profound connection to the spiritual realms. Today, we have the privilege of delving into the radiant world of PranicHealing with the esteemed Dr. Pallavi Deshpande-Kasliwal. Driven by an inner commitment to target the source of pain, guided by divine intervention during her darkest moments, and inspired by the enchanting allure of Pranic Healing's transformative magic, Dr. Pallavi's odyssey is one of unwavering faith, resilience, and enlightenment. Join us as we traverse the luminous pathways of her soul's evolution, illuminating the profound impact of Pranic Wisdom on her personal and professional journey.

1:What inspired you to embark on the path of Pranic Healing, and how has it transformed your own life journey?

My journey into Pranic Healing was sparked by a deep inner commitment—to target the source of pain. This resolve, born during my Landmark curriculum in 2007, led me to a profound realization: that the root of suffering often lies beyond the physical realm, nestled within the unseen recesses of our energy body. Struggling through my own emotional breakdowns, I turned to spirituality, seeking solace and guidance. Pranic Healing emerged as a beacon of light during my darkest hours, offering a holistic approach to healing that resonated deeply with my soul.

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Through this transformative practice, I not only found healing for myself but also discovered a profound sense of purpose—to share this gift of healing with others.

2: Could you share some personal experiences that have solidified your belief in Pranic Healing?

From witnessing simple ailments vanish like magic to experiencing profound emotional release and healing, my journey with Pranic Healing has been filled with countless miracles. Whether it's the swift recovery of a beloved pet or the deep sense of calm that washes over my clients, each experience reaffirms the power of this ancient wisdom. One particular moment stands out—the miraculous recovery of our family pet, a golden retriever, during a time of illness. Through the power of Pranic Healing, her swollen body rapidly returned to health, a testament to the transformative potential of this practice.

3: As a dynamic practitioner, how do you integrate spirituality into your approach to healing and wellbeing?

Spirituality forms the cornerstone of my healing practice, infusing every aspect with divine energy and intention. From the sacred rituals performed at our healing center to the grounding practices and spiritual chants woven into each session, every element is designed to uplift and align with the higher self.

By creating a nurturing environment steeped in spiritual essence, I aim to guide clients on a journey of holistic healing and spiritual awakening.

4: What sets Pranic Healing apart from other modalities?

Pranic Healing stands out for its unique emphasis on cleansing processes, which address the underlying energetic imbalances that manifest as physical ailments. In a world inundated with information and energy overload, this approach offers a simple yet powerful solution to restore harmony and vitality across all aspects of life—be it health, finances, relationships, or spirituality.

5: How do you tailor your healing sessions to meet the unique needs and energies of each individual client?

Central to my approach is a deep understanding of each client's unique energy signature and subtle body dynamics. Through meticulous scanning techniques, I discern the underlying emotions and thought patterns that influence their physical well-being. Armed with this insight, I customize each session to target specific energy centers and address the root causes of imbalance, empowering clients to embark on their healing journey with clarity and confidence.



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6: How do you tailor your healing sessions to meet the unique needs and energies of each individual client?

In tailoring healing sessions, I rely on scanning techniques to discern the specific needs of each client. Additionally, understanding the background emotions and thoughts influencing the physical body helps us determine which chakras need cleansing and which thoughts, emotions, or past cords require removal.

7: What role does positivity and optimism play in the healing process, and how do you cultivate these qualities in yourself and your clients?

Positivity and optimism are integral to the healing process as they create a fertile ground for transformation. Personally, I believe in the power of positive intention, fostering an environment of hope and belief in the healing journey. To cultivate these qualities, I encourage clients to embrace the possibility of healing with faith and ease, while also respecting and adhering to medical advice. I've developed simple yet effective tools, such as those outlined in my book "The Door to Confidence," and activities like the pick-a-card game at Empower, to instill positivity and alignment.

8: Feedback – Can you share a testimonial from a client that highlights the impact of Pranic Healing on their life?

"I'm Dr. Sushmita Gawhankar, a dentist by profession. I used to struggle with anger and found it difficult to let go. However, after starting healing sessions, I began noticing changes in my reactions to people and life situations. Initially skeptical, I persevered, and the results were undeniable. Through healing sessions and practicing forgiveness, I learned to release anger and hatred with ease. Moreover, I discovered the efficacy of distance healing and its magical results. I'm grateful to Dr. Pallavi mam for her efforts, which have transformed my life."

9: How do you stay grounded and balanced amidst the emotional and energetic demands of healing work?

I prioritize maintaining balance and grounding through conscious choices, inner reflection, and consistent practice of soul consciousness. By choosing to work from the crown and heart chakras rather than the analytical mind, practicing forgiveness and compassion, and engaging in regular chants, I remain centered amidst the demands of healing work.

10: Advice – What advice would you give to individuals aspiring to become healers?

Transformation and spiritual progress require dedication and openness to unshakeable results. I encourage aspiring healers to integrate traditional approaches while embracing the science of Pranic Healing for profound results. Each family benefits from having a healer, and I urge individuals to embark on this transformative journey with faith and integrity.



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11: How do you continue your personal and spiritual growth journey while guiding others on their paths to healing?

I prioritize maintaining my morning routine and being a lifelong learner. Seeking guidance from mentors, embracing challenges, and stepping out of my comfort zone are essential for my growth journey. By staying connected to my spiritual practice and evolving alongside my clients, I ensure continual growth and alignment.

12: What are some misconceptions about Pranic Healing, and how would you address them?

Two common misconceptions about Pranic Healing are that it is merely a placebo and that it involves black magic. However, through personal experience and understanding, I can attest to its efficacy as a science-based healing modality. I believe it's essential to recognize that every tool has its pros and cons, and Pranic Healing, when used responsibly for the greater good, offers transformative benefits.

13: Future of Pranic Healing – What are your thoughts on the future of Pranic Healing?

Pranic Healing is experiencing a resurgence, fulfilling Grandmaster Choa Kok Sui's vision of every family having a healer. As the world transitions towards higher consciousness, Pranic Healing plays a pivotal role in facilitating this shift. My intention is to contribute to lakhs of healings and thousands of healers, creating a supportive, inspiring environment dedicated to the well-being of all.

14: Can you share simple Pranic Healing techniques individuals can incorporate into their daily lives?

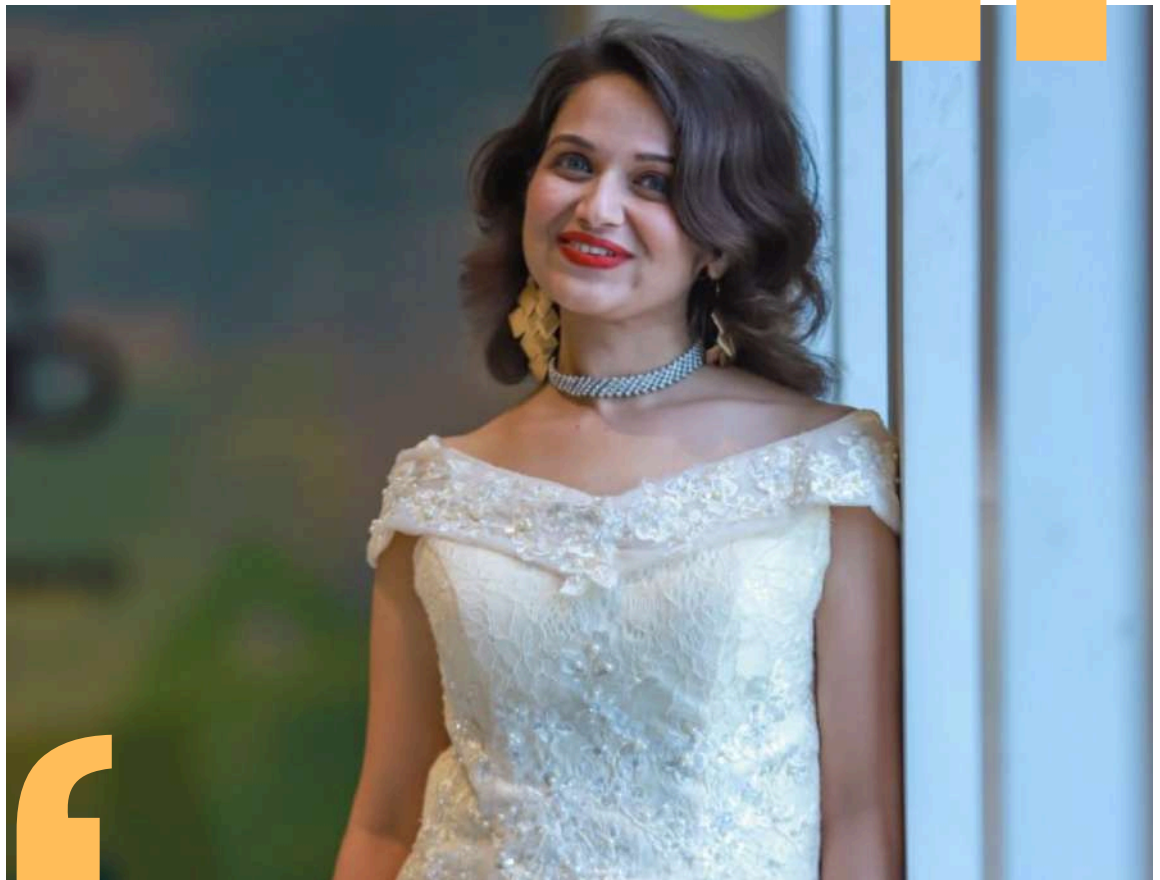
Simple practices like sunbathing to cleanse energy clutter, Tree Prana for restoration, and grounding exercises can be easily incorporated into daily routines. Additionally, charging food and water with positive intentions, practicing deep breathing, and taking salt baths promote overall well-being and energetic alignment.

15: What final message would you like to share with individuals on their healing journey?

With over 7 billion people in the world, not everyone will resonate with your choices. Stay committed to your healing practices with unwavering faith and integrity, letting those in need be guided to you.

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Respect all sciences and maintain humility, remembering that we are channels for making a difference. Prioritize self-care, stay genuine, and focus on raising your vibrations for powerful results. Ultimately, it's not just what you do but how you do it that matters.

As we conclude this illuminating discourse with Dr. Pallavi Deshpande-Kasliwal, we are reminded that the path to healing is often paved with intention, faith, and an unwavering commitment to self-discovery. Dr. Pallavi's journey stands as a testament to the transformative power of Pranic Wisdom, guiding us toward the radiant light of spiritual awakening and holistic well-being. May her insights inspire us to embrace the healing energies that surround us, cultivate positivity and optimism in our lives, and embark on our own journeys of self-transformation with courage and grace. In a world yearning for healing and enlightenment, may we all heed Dr. Pallavi's sage advice, embracing the sacred essence of PranicHealing as a beacon of hope and harmony for all beings.

Ideation & Conceptualisation : Pooja Prasun

Editor in Chief : Pooja Prasun

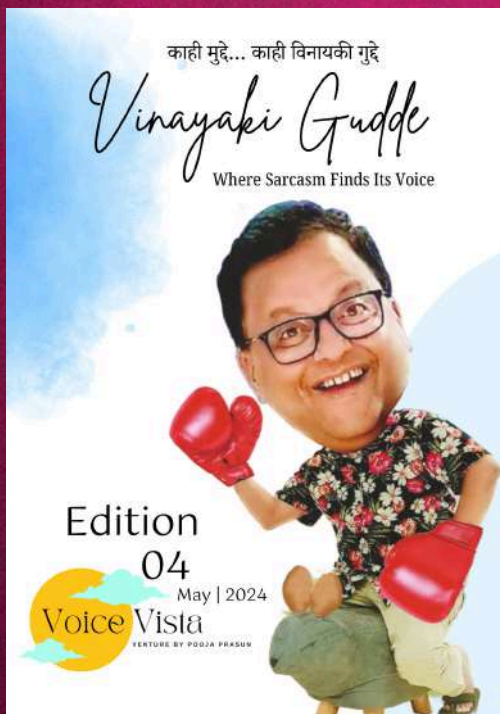
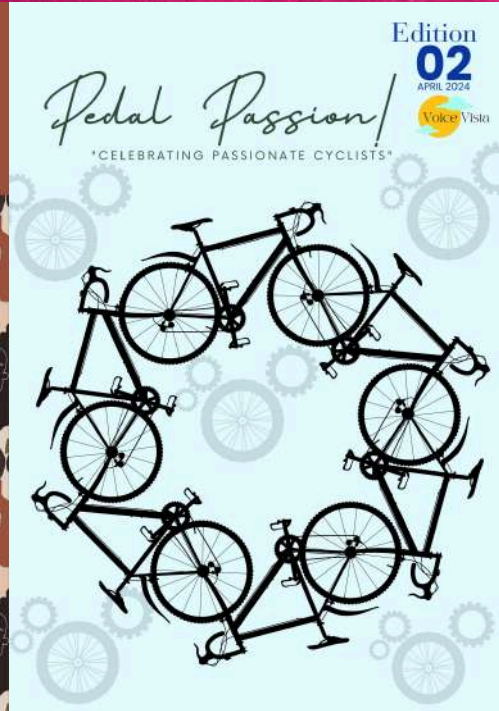
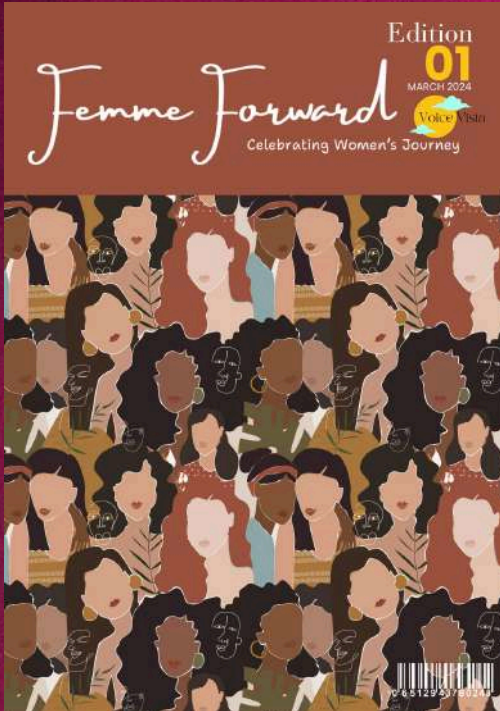
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Introducing "Feminine Fortitude" - a testament to the powerful female faces of Nashik who have not only excelled in their respective fields but have also set a benchmark in their domains. These remarkable women are the embodiment of commitment, dedication, and resilience, and their inspiring journeys serve as a beacon of hope and motivation for others.

"Feminine Fortitude" delves deep into the remarkable stories of these trailblazing women, uncovering the challenges they have overcome, the triumphs they have celebrated, and the lessons they have learned along the way. Through captivating narratives, insightful interviews, and stunning visuals, this magazine provides a platform to celebrate the indomitable spirit of women who have dared to dream and achieved greatness against all odds.

Each issue of "Feminine Fortitude" is a celebration of strength, perseverance, and empowerment, showcasing the diverse talents and accomplishments of women from all walks of life. Whether it's in the fields of business, arts, education, or social activism, our magazine shines a spotlight on the unsung heroes whose stories inspire and empower generations to come.

Join us on this extraordinary journey as we honor the resilience and fortitude of Nashik's formidable women, and celebrate their unwavering commitment to making a difference in the world.